ASA 3: Psychosocial Perspectives of Asian Americans
Winter 2015 with M. Dhindsa M.A.
M/W/F 11:00-11:50 PM Giedt 1002

The course examines the identity, personality, social psychological, and mental health issues of Asian Americans. The practices, policies, and social norms of social, political, legal, educational, and human service institutions in the United States and local communities are examined in terms of their social and psychological effects on Asian American individuals, families, and communities. Special emphasis is given to how citizenship status, immigrant status, minority group status, social class standing, acculturation processes, enculturation processes, and bicultural development influence various aspects of identity development and psychological functioning. Specific topics include cultural values and behavioral norms, the paradox of ethnic minority issues, process of acculturation, ethnic identity and identity development, family patterns of communication, stressors and social support systems within Asian communities, psychopathology, academic achievement, interpersonal effectiveness, and culturally competent mental health treatment and service delivery. This course satisfies the following General Education requirements: Social Science, Diversity.

For questions or more information contact Meenu Dhindsa @ mkdhindsa@ucdavis.edu.